

## 09 Early years practice procedures

### **09.10 Prime times – Sleep and rest time**

Children that attend the setting are over 2 years of age. We kindly ask that children only attend full days if they are able to interact for a full day and no longer require a mid day sleep. The setting is open planned and purpose sleep facilities are not possible.

However, should a child fall asleep independently eg reading a book or even at the lunch table we will make reasonable safe adjustments to our quiet area to enable them to have a short 30 minute nap. This area is monitored by a member of staff until the child is woken. If the child is upset after being woken and we can not settle them their parent will be called to collect them.